Interaction with Alumnus (26th November, 2020)

TEACHER'S ACTIVITY BEPORT 2019 - 2020

FACULTY: SCIENCE DEPARTMENT: ELECTRONICS IQAC ACTIVITY No: SVC/2019-20/ELECT/JL/7

NAME OF THE ACTIVITY: Interaction with Alumnus				
DATE	FACULTY	DEPARTMENT/COMMITTEE	COORDINATOR NAME	
26 th November, 2020	Science	Electronics	Dr. J Lalita	
			Mr. Hari Singh	
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor	
11:00 AM-01:00 PM	ONLINE/VIRTUAL	65	Indoor	
SUPPORT/ASSISTANCE:	Sri Venkateswara College, University of Delhi			

BRIEF INFORMATION ABOUT THE ACTIVITY (CRITERION NO.: III, V AND VII)

TOPIC/SUBJECT OF	Interaction with Alumnus	
THE ACTIVITY		
OBJECTIVES	To facilitate the interaction of the students with the alumni of the department.	
METHODOLOGY	A zoom session was held for the interaction.	
OUTCOMES	Students of the department got a platform to interact and get informed about	
	various avenues in terms of career and life in general.	

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached)

Notice & Letters ✓	Student List of Participation	Activity Report ✓	Photos √	Feedback Form
Feedback Analysis	News Clip with details	Certificate	Any Other	

IQAC Document No:	Criterion No: III, V, VII	Metric No:
Departmental File No:	IQAC File No:	

NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
Dr. J Lalita	Dr. J Lalita	

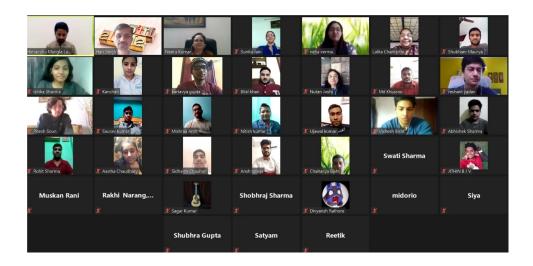
For Reference

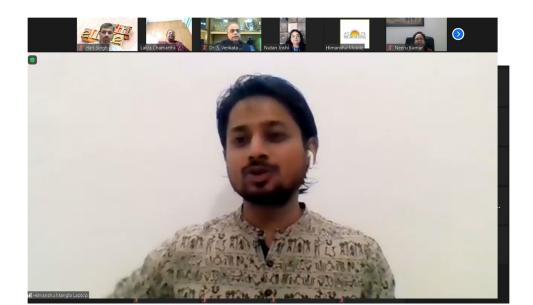
Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

PROOFS SUMMARY REPORT & PHOTOS

Meditation is the journey from sound to silence, from movement to stillness, from a limited identity to unlimited space-Sri Sri Ravi Shankar.

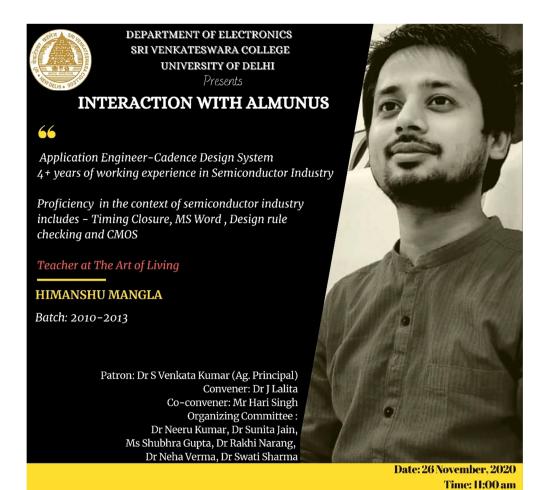
What is the best gift we can give to someone? Is it peace of mind, increased concentration, focus, emotional stability or level of happiness? A few minutes of Yoga and Meditation can be a great way to get rid of stress accumulated in both mind and body during our daily routines. Yogic Postures, Pranayama and Meditation are the effective techniques to release such stress. It not only relaxes our mind but also rejuvenates our mind and body. It is a great remedy for removing our daily tensions, which directly affect our health. It provides us physical strength, mental alertness and emotional contentment. To inculcate this habit, a life skill session on Yoga and Meditation was organized on 26 November 2020. The session was conducted by our very own alumni Mr. Himanshu Mangla (Batch 2010-2013). He is an Application Engineer at Cadence Design Systems and a teacher at Art of Living. He taught many techniques for Yoga and Meditation. It was really an enriching and inspiration session for all the students and faculty members.





Platform: Zoom

NOTICES (POSTER)





SRI VENKATESWARA COLLEGE (University of Delhi)

Internal Quality Assurance Cell

Chairperson

Prof C. Sheela Reddy Principal Sri Venkateswara College

IQAC Coordinator Dr. N. Latha Department of Biochemistry

External Members Prof Debi P Sarkar Department of Biochemistry University of Delhi South

Prof Alo Nag University of Delhi South Campus

Dr. Gitanjali Yadav NIPGR, Delhi

Internal Members Dr. Meenakshi Bharat Department of English

Dr. Lalitha Josyula Department of Electronics

Dr. Namita Pandey Department of Political Science

Dr. A. K. Chaudhary Department of Physics

Dr. K.C. Singh Department of Physics

Dr. Swarn Singh Department of Mathematics

Dr. Neeraj Sahay Department of History

Dr. Vartika Mathur Department of Zoology

Dr. Shruti Mathur Department of Commerce

Dr. Padma Priyadarshini Department of Sociology

Dr. Nimisha Sinha
Department of Biochemistry

Shri D. Venkat Ramana 4.0(1/C)

This is to certify that the Activity report (Teacher/Department /Society/Association) has been submitted for documentation to IQAC, Sri Venkateswara College, University of Delhi.

IQAC Coordinator Sri Venkateswara College

> Coordinator, IQAC Sri Venkateswara College (University of Delhi) Dhaula Kuan, New Delhi-110021

PRINCIPAL

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